#### **GF** Nutrition

## CF (COLONOSCOPY KIT)®

#### POWERFUL FLUID REPLENISHMENT

Proper colonoscopy prep is (finally!) within reach. The CF(Colonoscopy Kit)® delivers everything you need for a smoother, safer, more successful prep experience.

Your CF Colonoscopy Kit® contains:

Two 32 oz bottles of CF(Rehydrate)®
One 8.3 oz (238g) container of laxative powder

## Drinking Instructions

- \* These instructions are just one common method of colonoscopy prep. Always ask your doctor for specific instructions before starting your colonoscopy prep everyone is different.
- 1 In a large pitcher, add 238g (1 container) of laxative powder to 64 oz (2 bottles) of CF(Rehydrate). Mix thoroughly until the powder is completely dissolved.
- 2 Refrigerate at least 1 hour.
- (3) At 8 p.m. the evening before your colonoscopy, start drinking the CF(Rehydrate)® /laxative solution. Drink one 8 oz glass every 15 minutes over a 2 hour period until completed.

For additional support, please visit:

drinkcf.com/learn-colonoscopy-kit-drink/

Or contact us at:

support@drinkcf.com 858.649.1070

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Please see reverse side for complete drinking instructions