

1. **CLEARFAST SPECIFIC:** Morton V, Puskarich J. Colorectal and Bariatric Enhanced Recovery After Surgery in a Non-Academic Institution in Collaboration with a Private Anesthesiology Group erasusa.org website. (ClearFast was specifically used)
2. **CLEARFAST SPECIFIC:** Kolarczyk L, Kim H, et al. Enhanced Recovery After Surgery (ERAS) Clinical Pathway for Patients Undergoing Pancreatic Surgery Decreases Hospital Length of Stay. Anesthesiology Annual Meeting 2015. (ClearFast was specifically used)
3. **CLEARFAST SPECIFIC:** [Click here](#) for the Sharp Pilot Study which specifically used ClearFast and yielded results that patients were 550% more comfortable than having nothing at all before surgery.

Pre-op Carb Loading Reduces Hospital Length of Stay (LOS)

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Pre-op Carb Loading Reduces Post-op Insulin Resistance (PIR)

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Post Op Nausea & Vomiting (PONV)

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